

Book Review: The prescribers guide: Stahl's essential psychopharmacology

Tara Reddy, Pharm.D., BCPP

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Book: [The Prescribers Guide: Stahl's Essential Psychopharmacology](#)

Book by: Stephen Stahl

FROM THE PUBLISHER

Now established as the indispensable formulary in psychopharmacology, this latest edition of the Prescriber's Guide has been completely revised and updated to reflect the most current practice in the use of psychotropic drugs. Easy to navigate and easy to use, the Prescriber's Guide combines evidence-based information with clinically informed guidance to support clinicians in making the most effective prescribing decisions for the good of their patients. With coverage of twelve brand-new drugs - including antidepressants, antipsychotics, hypnotics, nonstimulants for ADHD, and medical foods - and incorporating information on the newest indications, new formulations, new recommendations, and new safety data, this edition continues to provide the essential practical support required by anyone prescribing in the field of mental health.

FROM THE CPNP MEMBER

This book is an excellent quick reference guide for psychotropic medications. Alphabetized by medication name, the book's major strength is its user-friendly format. The format for each medication includes a section on general therapeutics, side effects, dosing and use, special populations, and the art of psychopharmacology. Each section contains clinical tips and pearls along with the author's opinion regarding potential advantages and disadvantages of each drug. For example, under the therapeutics section, it lists not only the class of medication and the mechanism of action, but also how long it takes for the drug to work, considerations if the

drug does and does not work, and even the best augmenting combinations for partial response or treatment resistance. The Prescriber's Guide is a valuable tool that provides practical support for all clinicians.

How to cite this news article

Reddy T. Book Review: The prescribers guide: Stahl's essential psychopharmacology. Ment Health Clin [Internet]. 2013;3(5):272. Available from: <http://dx.doi.org/10.9740/mhc.n177661>