

# Book Review: Condensed psychopharmacology 2013: A pocket reference for psychiatry and psychotropic medications

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## KEYWORDS

book review, Condensed Psychopharmacology 2013

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**Book:** [Condensed Psychopharmacology 2013: A Pocket Reference for Psychiatry and Psychotropic Medications](#)

Book by: Leonard Rappa, PharmD, BCPP and James Viola, PharmD, BCPP

## FROM THE PUBLISHER

This is a 2013 pocket guide of psychopharmacology. It is intended to serve as a quick resource for health care professionals and students whom have involvement with psychiatric medications and patients. It serves to give the clinician a foothold in an environment that differs from other experiences in medicine, with differing terminology and disease states. This reference will cover the core medications used in general psychiatry practice from a pharmaceutical standpoint. The handbook begins with a brief introduction of terminology and psychiatric legal parameters, to medication doses, side effects, drug interactions, and most importantly, monitoring parameters, which are expounded within. There is even a simple guide to make pharmaceutical interventions on patients' drug therapy. Disease states such as Anxiety, Attention Deficit Hyperactivity Disorder, Major Depression, Bipolar Disorder, Schizophrenia, Substance Abuse, and much, much more are reviewed. Best of all, the most important information for each is provided in summative, and easily indexed formats, so you can find the information you need as rapidly as you need it. This could be the best quick reference for important psychopharmacologic information you'll ever own.

## FROM THE CPNP MEMBER

Condensed Psychopharmacology is a wonderful book for students, residents, and mental health practitioners looking for a small, easy to navigate psychopharmacology reference. Despite being only 50 pages, it is jam packed with relevant material. The book contains plenty of detailed information ranging from pathophysiology and urine detection of drugs to evidence-based treatment recommendations and clinical pearls. Sections of the book are dedicated to the anticholinergic potency of psychotropics, non-addictive treatments for pain and insomnia, clinically significant drug interactions, key drug levels, and active metabolites and enantiomers. You will be pleased to find several diagrams and tables scattered throughout, making this book an appealing reference for anyone involved in diagnosing or treating patients with mental illness.

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