

# Book Review: Case studies: Stahl's essential psychopharmacology

Book by: Stephen M. Stahl

Review by: Amy Jones, PharmD., BCPP, and CPNP POP Committee Member

## KEYWORDS

book review

Amy Jones reviews Case Studies: Stahl's Essential Psychopharmacology.

CPNP members maintain a [suggested reading list](#) to provide information on peer recommended resources and convenient access to the highest quality neuropsychopharmacology publications. A reminder that if you shop with CPNP, by following the links below to Amazon, a small commission will be paid to CPNP which helps to financially support our mission to improve the minds and lives of individuals with psychiatric and/or neurologic disorders.

You can help grow this list of resources by [suggesting a book](#).

**Book:** [Case Studies: Stahl's Essential Psychopharmacology](#)

## PRODUCT DESCRIPTION:

This new edition of Stahl's Essential Psychopharmacology describes treatment options for a wide range of psychiatric disorders, explains what to try next if an intervention fails, and highlights possible mistakes and pitfalls so that the reader does not have to make them. It is based on the new requirements for the American Board of Psychiatry and Neurology's 10-year recertification process.

## FROM THE CPNP MEMBER:

Case Studies: Stahl's Essential Psychopharmacology is valuable for any clinician with difficult to treat patients. Using experiences from his clinical practice, he gives detailed accounts of various pharmacologic and non-pharmacologic interventions made across a variety of disease states. Each chapter is labeled with a scenario, such as "The scary man with only partial symptom control on clozapine," vs. a subject title. The advantage of this edition is the ability to follow a patient long-term and evaluate the pharmacologic decision by viewing the outcome. This book is captivating and takes a careful look at numerous, difficult, clinical scenarios a psychiatric pharmacist may experience in their practice.

## FROM THE PUBLISHER:

Designed with the distinctive, user-friendly presentation Dr. Stahl's audience know and love, this new stream of Stahl books capitalize on Dr. Stahl's greatest strength - the ability to address complex issues in an understandable way and with direct relevance to the everyday experience of clinicians. The book describes a wide-ranging and representative selection of clinical scenarios, making use of icons, questions/answers and tips. It follows these cases through the complete clinical encounter, from start to resolution, acknowledging all the complications, issues, decisions, twists and turns along the way. The book is about living through the treatments that work, the treatments that fail, and the mistakes made along the journey. This is psychiatry in real life - these are the patients from your waiting room - this book will reassure, inform and guide better clinical decision-making.

### How to cite this news article

Jones A. Book Review: Case studies: Stahl's essential psychopharmacology. Ment Health Clin [Internet]. 2011;1(5):112. Available from: <http://dx.doi.org/10.9740/mhc.n87330>